Catherine O’Riordan

Integrative Psychotherapist MBACP / UKCP

UKCP Registration No. 2011164382

76 Buxton Avenue, Nottingham NG4 3RS

Mobile: 07875 816 205 / e-mail: inner\_child@yahoo.com

**Counselling Contract 2021**

As a Counsellor:

1. I will work collaboratively with you and honour your choices.
2. I will ensure our working environment is peaceful and secure.
3. I will ensure personal information pertaining to you is kept confidential.
4. I will give you advance notice of planned breaks.
5. I will abide by the BACP & UKCP Code of Ethics.

My work is supervised with a supervisor and your anonymity will be protected.

Unless changed by mutual agreement each therapy session will be one hour and the frequency will be agreed mutually. I charge my standard hourly fee for writing letters, references etc. as well as for the first initial appointment.

As a client:

1. I will arrive on time for my counselling appointment.

2. I will pay £50 before each session.

3. If I need to miss or rearrange a counselling session, I will give 24 hours advance notice. Sessions cancelled with less than 24 hours notification will be charged as normal.

4. I will consult with a medical doctor if advised to do so.

5. I understand that any complaints should be made to Catherine O’Riordan in person and then to the BACP / UKCP if the problem can’t be sorted out.

6. I have the right to withdraw my consent at any point and to finish therapy when I want to.

7. Where possible I will tell you I intend to end therapy and work towards an ending.

Signed:  Catherine O’Riordan Date:

Signed: Name: Date:

DOB: Mobile / email:

Address:

G.P Contact Details:

Medication: